

U.S.N.S.T.A. HOLDS FIRST-EVER ALL WOMEN TRAINING SEMINAR



Female Officers at Detroit PD Learn Dynamic Survival Skills

September 25, 2007

Detroit may be best known around the world for its role in the automotive industry, but it has also become notorious for its violent crime activity. Detroit has consistently found itself at or near the top of America's Most Dangerous Cities lists in recent years. In 2005, over 74,000 serious offenses were reported in Detroit, including 359 murders and over 13,000 aggravated assaults. Perhaps no group is more aware of these sobering statistics than the men and women of the Detroit Police Department.

By nature, Detroit Police Officers regularly find themselves in the midst of this violence. To better prepare for the reality of the streets, and to work toward its mission to set "new standards of excellence in policing through Integrity, Innovation, and Training," the Detroit PD has turned to the United States National Standards of Training Association (U.S.N.S.T.A.) for assistance in providing its officers with real world training solutions.

After a highly successful U.S.N.S.T.A. Force Response Seminar in April 2007 for members of the Detroit Police Academy Instruction Staff, Detroit S.W.A.T., and Detroit Gang Unit, Sergeant Kristy Cross (training coordinator for the academy) tasked the U.S.N.S.T.A. to deliver a tactical training course designed specifically to meet the unique training needs of female officers.

By taking the training covered during the April seminar, including Controlled F.O.R.C.E. Close Quarters Subject Control and APG Tactical Firearm, the U.S.N.S.T.A. Instructors were able to re-package the content into an intense, hands-on force response course to provide female officers with tools to survive and succeed in violent situations.

The training took place on September 19-21, 2007 as part of the U.S.N.S.T.A. Law Enforcement Training Seminar Series. The seminar, titled "Focus on Women's

Tactical Training," was designed to further training interests of female officers in law enforcement by providing students with tools to encourage the development of training curriculums conducive to learning and to increasing female officer participation in advanced departmental training. Furthermore, this seminar provided students with tools to enhance their skills as police officers, and to improve their tactical preparedness for handling hostile situations.

The "Focus on Women's Tactical Training" Seminar emphasized tactical training for women in law enforcement and provided instruction in key close quarters subject control and hostile situation training categories, including: Suspect Control / Arrest, Team Arrest Tactics, Force Protection, Building Search & Clearance, Tactical Firearm Shoot / Don't Shoot Scenarios, and Response to Deadly Force Encounters.

The course was comprised entirely of female police officers from Detroit PD. Throughout the three day seminar, these police officers recounted numerous



U.S.N.S.T.A. Instructors from Left to Right: Heath Jackson, Ana Navarro (McKinney TX PD), Antwan Fresh (Detroit PD), Kristy Cross (Detroit PD), Diana Juarez-Grano, Tony Grano

stories of the all out battles they have been in on Detroit's tough streets. The training was developed to provide these officers with a dynamic skills base to respond to these combative situations. Despite the fact that this was some of the most physically demanding training many of these officers had been in, they all agreed that it was a valuable course and that they would do it again, bruises and all.

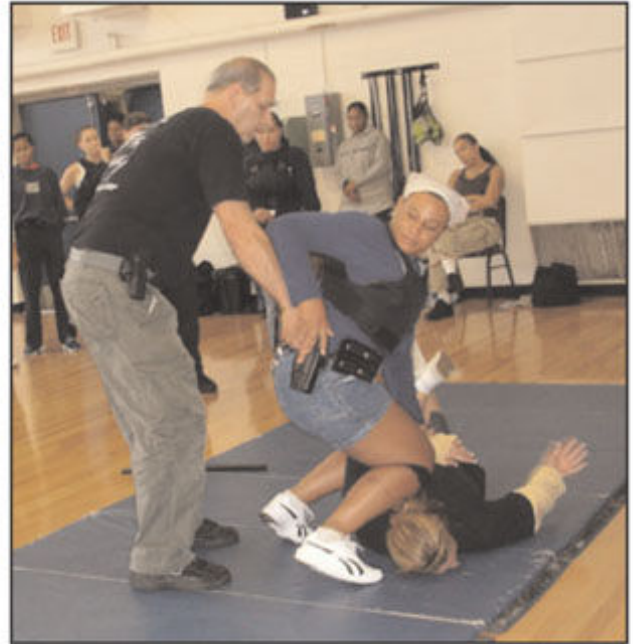
This course also marked the return of Controlled F.O.R.C.E. Director of Operations, Diana Grano, to the training room. The last time Diana wore an Instructor shirt and taught a class was when she led the Defensive Tactics Training for Female and Smaller Officers course at the 6th Annual U.S.N.S.T.A. National Training Conference in 2005. As Controlled F.O.R.C.E. continues to expand, with growing involvement in training U.S. Armed Services, Diana has gradually shifted roles from traveling the country as a National Instructor Trainer to running the show from behind her desk at the home office in Elburn, IL.

Based on the success of the "Focus on Women's Tactical Training" seminar at Detroit, Controlled F.O.R.C.E. has re-packaged its Level 1 & 2 Instructor Course to address the training needs of female officers. In March 2008, the Hurst Police Department in Texas will host the first ever Controlled F.O.R.C.E. Subject Control & Defense Training For Women in Law Enforcement.

The U.S.N.S.T.A. brings together the best trainers from law enforcement, corrections, military, protective services, and security to collaborate on the most current tactical issues facing officers in the development of training that increases officer safety and adds value to an agency's overall training program. The U.S.N.S.T.A. Law Enforcement Training Seminar Series and the U.S.N.S.T.A. National Training Conference provide law enforcement officers and departmental instructors with the opportunity to network with peers, compare notes, share tips, and train in modern techniques that fall within a nationally accepted standard.



APG Tactical Firearm



Controlled F.O.R.C.E. Weapon Retention

